



Athletics training camps in Spain *2017*



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Alfaz del Pi

Accommodation:

Hotel Moli***

Hotel Moli is a small hotel featuring only 10 rooms in the heart of Alfaz del Pi, just 2km from the beach front and in walking distance from the sports centre. The charming pool and quaint lobby give the hotel a very private and cosy feel.

With its 22.000 inhabitants the coastal town is situated north of the touristic hot spot Benidorm. This area is especially popular amongst Scandinavian tourists.

Distance Alicante airport to hotel: 42 km

Distance training facility to hotel: 750 m

Training facility:

- 400m running track with 6 lanes (Mondo 2010)
- High jump, long jump
- All throwing events
- Hurdles
- Swimming pool, multifunctional sports hall & gym

Services:

- Accommodation in single, twin or triple rooms
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

This modern sports facility is well known among athletes from all over Europe. Due to the size of the hotel, athletes will almost certainly be the only guests throughout their stay and will therefore be able to focus fully on the training sessions. Due to the hotel's limited number of rooms, it is recommended to book well in advance.

Price per person / day: from € 59,- (incl. VAT)



Barcelona

Accommodation:

Hotel Barcelona Poblenou*

The Catalan capital with its 1,6 million inhabitants is one of the most attractive cities in Europe due to its diversity, beaches and tourist features.

Our partner hotel in the Poblenou district was reopened in 2013. It features 250 rooms and only is a few blocks away from the city beach. The close by training facility is directly located by the sea. It was built in 1992 for the Olympic games and completely renovated in 2010.

Distance Barcelona Airport to hotel: 16 km

Distance training facility to hotel: 600 m

Training facility:

- 400m running track with 8 lanes (Mondo 2010)
- High jump, long jump, pole vault
- All throwing events
- Hurdles
- Gym

Services:

- Accommodation in single, twin or triple rooms
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

This training camp package combines professional training conditions with the spirit of one of the most thriving metropolises in Europe.

Price per person / day: from € 69,- (incl. VAT)



Benalmadena

Accommodation:

Hostal Serramar

The coastal town Benalmadena has lots of things to offer. Worth mentioning in particular is the town's marina which is one of the most picturesque in Spain. The urban style Hostal Serramar features 45 rooms and is situated in the centre of the quarter Arroyo de la Miel. Teams will take their meals in the typical Andalusian restaurant „Casa Masa“ opposite the hostel, which already has hosted several satisfied sports teams in the past.

Distance Málaga Airport to hotel: 11 km

Distance training facility to hotel: 350 m

Training facility:

- 400m running track with 8 lanes (Rubber/ Polyurethane 2000)
- High jump, long jump, pole vault
- All throwing events
- Hurdles
- Gym

Services:

- Accommodation in single, twin or triple rooms
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

Apart from good training conditions Benalmadena offers a wide range of activities offside the track. Especially the typical Spanish Restaurant where our teams will have their meals adds a very authentic touch.

Price per person / day: from € 49,- (incl. VAT)



Chiclana

Accommodation:

Hotel Barossa Park****

The Hotel Barossa Park is located in the well known tourist area Novo Sancti Petri, close to the town Chiclana de la Frontera and alongside the wide beach Playa La Barrosa. The hotel complex is made up of three tasteful buildings, Barossa Palace, Barossa Garden and Barossa Park, all three of which are situated directly on the beach front with picturesque views over the Atlantic Sea.

Distance Jerez airport to hotel: 63 km

Distance training facility to hotel: 10 km

Training facility:

- 400m running track with 8 lanes (Conipur 2008)
- High jump, long jump, pole vault
- All throwing events
- Hurdles
- Gym

Services:

- Accommodation in single, twin or triple rooms
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Daily bus transfer between hotel and training facility
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

Our training camp package in Chiclana combines relaxation and holiday feeling of an exclusive holiday resort with professional training conditions. The stadium welcomed various European top athletes in its recent past.

Price per person / day: from € 69,- (incl. VAT)



Lloret de Mar

Accommodation:

Hotel Royal Star****

Thanks to its geographical location Lloret de Mar is an ideal holiday destination easily reached from most European airports via Barcelona or Girona. The hotel features 397 well equipped rooms and was completely refurbished in 2003.

Distance Barcelona airport to hotel: 90 km

Distance Gerona airport to hotel: 34 km

Distance training facility to hotel: 600 m

Training facility:

- 400m running track with 8 lanes (Synthetic 2007)
- High jump, long jump, pole vault
- All throwing events
- Hurdles
- Swimming pool, multifunctional sports hall & gym

Services:

- Accommodation in single, twin or triple rooms
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

This package features good training sessions as well as ample possibilities away from the training ground. The price is unbeatable.

Price per person / day: from € 39,- (incl. VAT)



Mallorca

Accommodation:

Hotel Viva Palmanova & Spa****

The vast resort features 194 apartments distributed into 4 blocks. Just 200 metres from the beach, the hotel has 2 big outdoor pools, a chill-out area and a modern spa area, including jacuzzi, sauna and turkish bath. A gym, multisports court, volleyball and several other sports activities make sure there is loads to do. The islands capital Palma de Mallorca is reachable within 10 minutes by car and the athletics stadium less than 10 walking minutes.

Distance Palma airport to hotel: 25 km

Distance training facility to hotel: 900 m

Training facility:

- 400m running track with 8 lanes (Mondo 2009)
- High jump, long jump, pole vault
- All throwing events
- Hurdles
- Gym

Services:

- Accommodation in apartments
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

Our partner hotel and athletics stadium has been host to many top athletes from all over Europe in recent years, given that the stadium itself is very modern and the hotel the perfect spot to relax after some tough training sessions.

Price per person / day: from € 65,- (incl. VAT)



Nerja

Accommodation:

Hotel Nerja Club* / Nerja Apartments**

Hotel Nerja Club: Our partner hotel is located within walking distance of the well-known "Burriana Beach" and just 1km from the city centre. The sun terrace overlooking the Mediterranean sea, the cosy atmosphere, good food and friendly service within this hotel speaks for itself and is ideal for teams keen to focus on their training and upcoming fixtures.

Nerja Apartments: The fully equipped 1-2 bedroom apartments each feature their own terrace. The complex, which also offers two swimming pools, is directly situated next to the training ground.

Distance Malaga airport to hotel: 71 km

Distance training facility to hotel: 50 m

Training facility:

- 400m running track with 8 lanes (Synthetic 2010)
- High jump, long jump, pole vault
- All throwing events
- Hurdles
- Swimming pool, multifunctional sports hall & gym

Services:

- Accommodation in single, twin or triple rooms / apartments
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

Nerja is our best kept secret for ambitious athletics groups as the sports facility is of top quality and right next door to the hotel or the apartments.

Price per person / day: from € 59,- (incl. VAT)



Punta Umbria

Accommodation:

Hotel Barcelo ** / Apartments Leo**

Surrounded by ample pine tree woods Punta Umbria is a very relaxing tourist spot, situated between the city of Huelva and the Portuguese border.

Hotel Barcelo Punta Umbria: The hotel contains of 298 rooms spread over 4 different buildings. It features spacious rooms, an advanced spa and gym area and is only one block away from the sandy beaches.

Appartments Leo: The 1-2 bedroom apartments lie opposite the hotel and are all equipped with a full kitchen, A/C, satellite TV and a cleaning service.

Distance Seville airport to Punta Umbria: 120 km

Distance Faro airport (Portugal) to Punta Umbria: 120 km

Distance Jerez airport to Punta Umbria: 200 km

Distance training facility to hotel: 2 km

Training facility:

- 400m running track with 8 lanes (Sportflex 2004)
- High jump, long jump
- All throwing events
- Hurdles
- Gym

Services:

- Accommodation in single, twin or triple rooms / apartments
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

Punta Umbria is suitable for all kinds of sports groups as a decent 4 star hotel as well as self catering apartments are offered. The facility is one of the few in Europe that features hammer throwing.

Price per person / day: from € 59,- (incl. VAT)



Sierra Nevada

Accommodation:

The high altitude training centre of the Sierra Nevada is situated 2320 meters above sea level. Accommodation will be right next to the athletic track, so in case you need to prepare for upcoming tasks in a professional manner, this is the right place to come. On top you can enjoy the peaceful and beautiful view overlooking the picturesque mountains of the Sierra Nevada.

Distance Málaga airport to hotel: 170 km

Training facility:

- 400m running track with 8 lanes (Mondo 2012)
- 4 pits for long - and triple jump
- 2 high jump and pole vault areas + water jump
- Outdoor cross-country circuits up to 2600m altitude and 2 to 4km distance
- In-house medicine and sports science staff support
- Swimming pool, multifunctional sports hall & gym

Services:

- Accommodation in single, twin or triple rooms
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

The high altitude training centre in the Sierra Nevada is the perfect place for teams that wish to prepare in a tranquil and professional environment for upcoming competitions. We are happy to send you some more information about the physical magnitude of high altitude training. In addition, the facility is surrounded by the majestic mountains of the Sierra Nevada and you will be able to relax and enjoy pure nature when resting from training sessions - you won't believe you are in Southern Spain!

Price per person / day: from € 79,- (incl. VAT)



Torremolinos

Accommodation:

Hotel Marconfort Griego ****

The fully refurbished 4 star Hotel Marconfort has 414 rooms and is situated in the tourist centre of Torremolinos, approximately 1km from the beach. It has just gained its fourth star due to refurbished rooms including flat screen TVs and a new restaurant.

Distance Málaga airport to hotel: 10 km

Distance training facility to hotel: 700 m

Training facility:

- 400m running track with 8 lanes
- High jump, long jump, pole vault
- All throwing events
- Hurdles
- Swimming pool, multifunctional sports hall & gym

Services:

- Accommodation in single, twin or triple rooms
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

The training ground will be completely renovated by next year. The athletes track is part of a big sports complex and will be established soon as one of the top training camp destinations in Spain. On top, the price in combination with our 3 star partner hotel is very good value for your money.

Price per person / day: from € 49,- (incl. VAT)



Torre Vieja

Accommodation:

Hotel Masa***

Known for its salt production and fishery the city of Torre Vieja, which is located between Murcia and Alicante, offers nice and clean sandy beaches. Our partner hotel has been completely refurbished in 2004 and is situated just 800 meters from the beach and 10 minutes from the city centre. Due to its great food, the hotel can count on returning guests each season, that wish to enjoy the Southern part of the Costa Blanca.

Distance Murcia airport to hotel: 35 km

Distance Alicante airport to hotel: 42 km

Distance training facility to hotel: 2,8 km

Training facility:

- 400m running track with 8 lanes (Mondo 2010)
- High jump, long jump, pole vault
- All throwing events
- Hurdles
- Swimming pool, multifunctional sports hall & gym

Services:

- Accommodation in single, twin or triple rooms
- "Sportsmen" full board
- Fresh water for all training sessions
- Twice a day use of the training facility
- Airport to hotel coach transfer on arrival and departure day
- Daily bus transfer between hotel and training facility
- Internet: free
- Sol Sports representative at your disposal throughout your stay
- Ideas for team building activities if needed

SOL SPORTS says:

The modern sports centre of Torre Vieja facilitates top athletes a great backdrop for a professional training camp, especially for clubs that have good flight connections to Murcia or Alicante.

Price per person / day: from € 79,- (incl. VAT)

