

# **Regulations – Nantes International Indoor Meeting**

Friday, 23 January 2026 – Stadium Pierre QUINON, 19 Bd Guy Mollet, Nantes

## **A - ENTRIES :**

Entries must be submitted by email to the following address:

**meeting.nma.nantes@gmail.com**

Only entries confirmed by email will be considered final. Participation in the meeting implies full acceptance of these regulations.

Each athlete agrees to comply with WA and EA rules, FFA general regulations, and all instructions issued by the organisers and the facility owners.

The meeting management will pay particular attention to respectful behaviour towards the judges and volunteers supervising the competition.

## **B - EVENTS :**

International Women's Events: 60m, 60m hurdles, 400m, pole vault, long jump

International Men's Events: 60m, 60m hurdles, 800m

Regional Events: Women's 800m, Men's 400m

Para-Athletics Events: Men's 60m, Women's 60m, Mixed 400m, Mixed long jump

## **C - COMPETITION INFORMATION :**

The Nantes Métropole Meeting takes place at the **Stadium Métropolitain Pierre Quinon**, 19 boulevard Guy Mollet, 44300 Nantes.

The stadium includes two halls:

- A competition hall (Fernand Lancereau Hall)
- A warm-up hall (Milliat Hall)

In both areas, spike length is limited to **6 mm maximum**.

## **Call Room**

The call room is located in Milliat Hall.

The call room schedule will be displayed on the notice board in Milliat Hall and at the entrance to the call room.

Reminder: mobile phones, tablets, smart watches or any similar electronic devices are strictly prohibited inside the call room. Athletes must leave these devices with their entourage before entering.

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## International Races

### 60m – 60m Hurdles

The composition of the semi-finals and lane assignments will be based on valid performances achieved during the 2025 season.

If an athlete does not have a performance recorded for the distance, the organiser reserves the right to correlate it with a relevant performance achieved over a longer distance during the 2025 summer season.

The **top 3** of each semi-final and the **next 2 fastest times** will qualify for Final A.

Final B will include the remaining athletes.

Final B will be run **before** Final A.

The podium will be composed of the top 3 of Final A.

### Women's 400m

Two women's races will be held.

The podium will be determined based on the **combined results** (scratch ranking) from both races.

Lane assignments will be based on valid performances achieved indoors (short track) in 2025.

If no such performance exists, the organiser may correlate it with an outdoor 400m performance from the 2025 summer season.

### Men's 800m

Lane assignments will be based on valid performances achieved indoors (short track) in 2025.

If no such performance exists, the organiser may correlate it with an outdoor 400m performance from the 2025 summer season.

## D - ATHLETE TRAVEL EXPENSES

Reimbursement of travel expenses applies only to athletes competing in the 8 international events and the 4 para-athletics events.

Options:

- SNCF train ticket (2nd class) from the Si-FFA club address of the athlete, up to a maximum refund of **€110**.

- Car travel reimbursement at €0.15 per km round trip, including tolls and parking, up to €110, calculated from the athlete's Si-FFA address.
- Group travel by minibus is strongly encouraged and may be fully covered by the organisers with prior agreement.
- Air travel and the level of financial participation from the organisers must be approved in writing by the meeting management.

For athletes travelling from outside mainland France, **the reimbursement cap is €150 (bank fees excluded).**

Reimbursement will be processed upon receipt of original supporting documents and will be paid by bank transfer within 15 days of their reception.

**Any request received after 15 March 2025 will not be reimbursed.**

## **E – PRIZE MONEY**

The prize money table is available and downloadable on the Nantes Métropole Athlétisme website: <https://nmathle.fr/indoor-nantes/>

### **All International Events:**

1st €730 – 2nd €500 – 3rd €300 – 4th €200 – 5th €150

- Women: 60m, 60m hurdles, 400m, pole vault, long jump
- Men: 60m, 60m hurdles, 800m

### **All Para-Athletics Events:**

1st €300 – 2nd €200 – 3rd €100

- Men's 60m, Women's 60m, Mixed 400m, Mixed long jump

## **F - ACCOMMODATION & MEALS**

Athlete check-in will be available from **Thursday 22 January 2026** at the 3-star hotel:

**The Originals City – Hôtel Novella**

8 rue de l'Hôtellerie

44470 Carquefou

Phone: +33 (0)2 28 23 09 59.

Athletes living **more than 200 km from Nantes** and having confirmed their presence and needs **before Sunday 18 January 2026** will be eligible for:

- Accommodation for Thursday 22 and Friday 23
- Breakfast on Friday 23 and Saturday 24
- Lunch on Friday 23
- Dinner on Thursday 22 and Friday 23

Additional nights may be booked at the hotel's preferential rate, subject to availability.

**Coaches and accompanying persons are not covered.**

Shuttle services will be provided by the organisers:

airport ↔ hotel ↔ stadium

train station ↔ hotel ↔ stadium

## **G - PRIZE MONEY PAYMENT**

Unless delayed by a doping control procedure, prize money will be paid **by bank transfer** during the month of **February 2026**, with payments completed by **15 March 2026**.